

An essential guide to help readers aged 14+
discover what it means to be a young trans
and/or non-binary person



***What's the T?* by Juno Dawson Discussion Questions**

Gender Identity

- What does it mean to 'behave like a girl' / 'behave like a boy'? How do you feel about 'gendering' behaviour?
- Can you think of any instances where people have criticised your behaviour, claiming it is not a boy's/a girl's 'acceptable' behaviour? How did that make you feel?
- What do you understand by the phrase 'gender expression'?
- What does 'identity' mean to you?

The Transgender Experience

- There are many inspirational first-hand stories from trans and/or non-binary people throughout *What's the T?* Which one was your favourite, and why?
- Did any of these accounts surprise you, or teach you something new about the transgender or non-binary experience?
- What was the author's experience of growing up trans? Do you think the experience of growing up trans and/or non-binary is different today? If so, why?

Coming Out

- *"The first – and most difficult – admission is the one you make to yourself"* (Coming Out, p105). The author talks about coming out to themselves as well as other people. Why do you think the author raises this?
- What do you think are trans people's biggest fears are around coming out?
- How can you support someone if they choose to come out to you?

Transphobia

- *'No one chooses to be trans or non-binary, but people do choose to be transphobic'* (The problem is other people, p152). Why do you think some people are transphobic?
- What role does the media play in portraying transgender narratives? What impact does this have on your own perception and understanding of yourself/ others?
- In what ways does transphobia manifest itself? How does this impact you/ trans people?

Relationships and Sex

- What is your understanding of the difference between 'gender' and 'sexuality'?
- What do you understand by the term 'consent'?
- The author shares some useful tips for dating safely (p211). Do you have any other ideas for how to stay safe online and offline?

Support and Allyship

- How do you think you could be a good ally for somebody you know who is trans and/or non-binary or is in the process of transitioning?

'Live your life openly, colourfully and in stereo.

Live with compassion, kindness and humour.'

- Juno Dawson



© Soofya