

ONE TINY DOT

LUCY ROWLAND & GWEN MILLWARD

IDEAS FOR EY/LKS1 TEACHERS & LIBRARIANS

EXPLORE THEMES OF:

Feelings

Kindness

Empathy

Community

Positive Relationships

FOR AGES 4+



TEACHER RESOURCES

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BEFORE READING: PROMPTS FOR DISCUSSION

Use the prompt questions below to start discussion about themes in the book.

What does the word 'kindness' mean?

Can you think of a time when you have been kind?

Has anyone ever been kind to you? What did they do?

Why is it important to be kind when someone is feeling sad or lonely?

What about if someone is feeling angry?

How does everyone feel when people are kind to each other?



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DURING READING: ACTIVITIES TO HELP UNDERSTANDING

1. HOW KINDNESS GROWS IN THE STORY

They walked through the fields.
The dot led the way.
Behind them flowed KINDNESS,
throughout the whole day.

- As you read the book together, ask children to identify what the tiny dot represents.
- Can the children explain why the dot is getting bigger and bigger?
- Using the dots on the worksheet on the next page, read together as a group to find the acts of kindness in the story that make the dot grow.
- The children might spot events or feelings that aren't obvious, but all ideas are welcome to encourage discussion!
- Explain to children: this is an example of how kindness spreads. We might call it an 'act of kindness chain' - i.e. an example of one small act of kindness leading to another, then another, then another!



SIZE OF DOT	ACT OF KINDNESS
	<p>The boy told the dot that he's 'welcome to stay for a while.'</p>
	
	
	
	
	

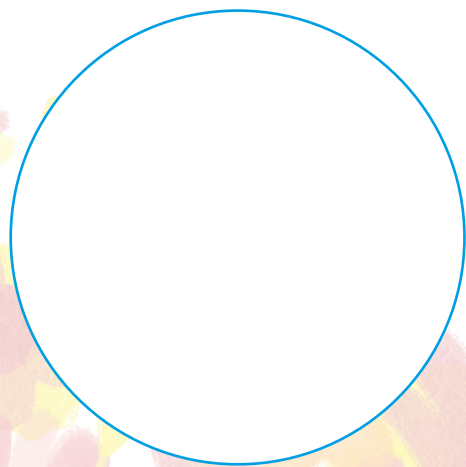


2. EXPLORING FEELINGS THROUGH ILLUSTRATIONS

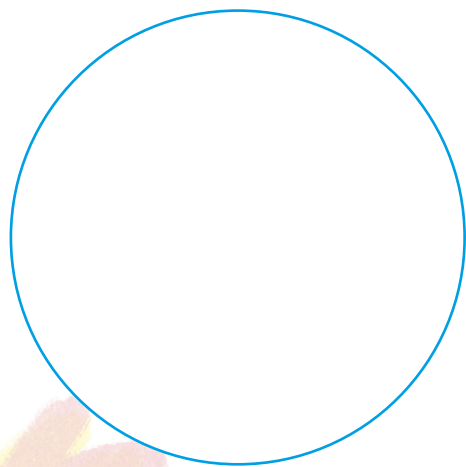
Well... the thing is with Anger,
(as KINDESS well knew),
if you look really hard,
you'll see SADNESS there too.

- There are lots of different feelings explored in the story. Can children identify them?
- Give them the Feelings Wordbank below to help them express their ideas.
- Can they match these words to different illustrations or spreads in the book?
- Ask children to look closer at the illustrated characters for ANGER, SADNESS and KINDNESS. Can they identify who is who? How can they tell?
- What is meant by the quote included above? Why can we also see sadness if we 'look really hard' at anger?
- Encourage children to illustrate their own feelings by drawing inside the dots below! How can they create new characters through use of colour and style?
- Children can simply use flat colours to represent each feeling if they prefer.
- As an extension, they might also consider adding different features to their dots; for example, in the story, ANGER is represented by fire.

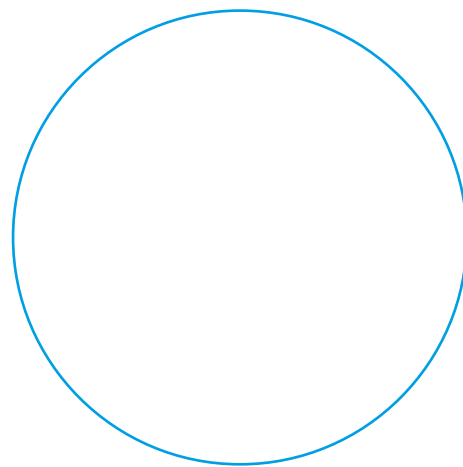




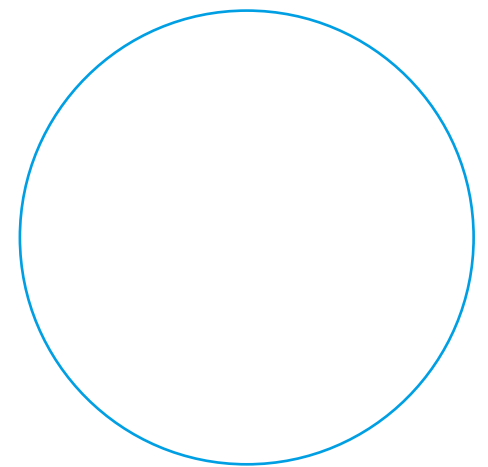
FEELING.....



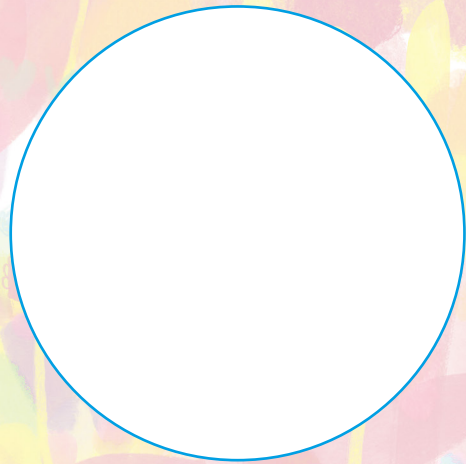
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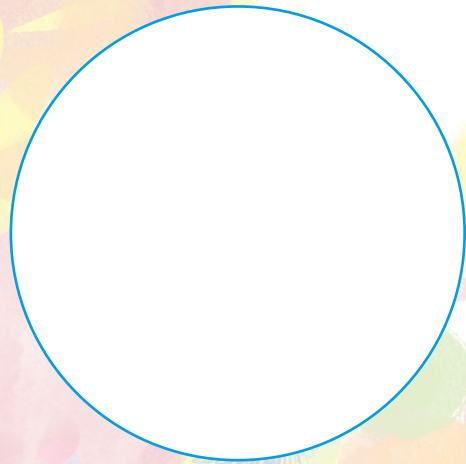
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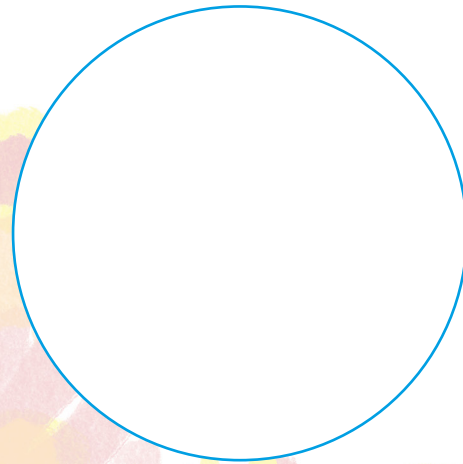
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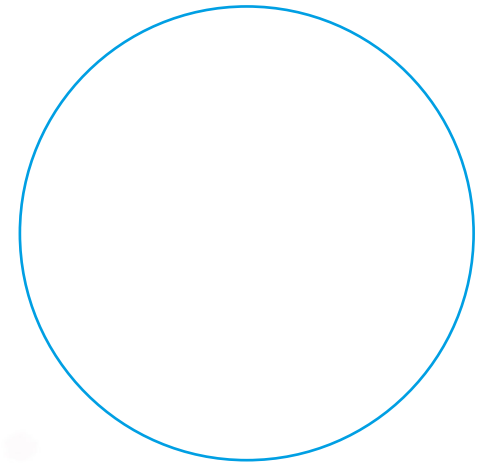
FEELING.....



FEELING.....



FEELING.....



FEELING.....

Feelings Wordbank

HAPPY; EXCITED; PROUD; HOPEFUL; SAFE; COMFORTABLE; REJECTED; HOPELESS; SMALL; SAD;
INSIGNIFICANT; REJECTED; DETERMINED; LONELY; ACCEPTED.



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AFTER READING: QUICK IDEAS TO EXPLORE FURTHER

QUICK IDEA: COMPLETE THE ACTS OF KINDNESS DOTS

In the story, there are lots of examples of small acts of kindness. Ask children to think about small acts of kindness that they can complete in their daily lives at school or at home. Examples could include: holding the door open for someone, helping a new pupil in the school, smiling at a member of staff, or doing something nice for a family member or friend. Make a note of these acts of kindness in the dots on page 8. When children have come up with a full sheet of dots, can they choose which are their favourites?

QUICK IDEA: SEND A KIND POSTCARD

Use the template on page 9 to write a kindness postcard and brighten someone's day! Ask children to think of someone that they admire, who has been kind to them, or who inspires them. In the template, they can write a note of kindness thanking them for something or telling them why they are grateful for them. Post the Kindness Postcards in the school mail and watch the kindness spread!

QUICK IDEA: KEEP A KINDNESS DIARY

Encourage children to think about how they can continue to show kindness to those around them. They can use the diary template on page 10 to record their acts of kindness in one week. When they come to the end of a week, they can reflect on how their acts of kindness made them feel. Encourage children to keep their diary for as long as possible, seeing how they improve through time, and whether their acts of kindness gradually have a bigger and bigger impact not just on those around them, but on their own personal wellbeing.

QUICK IDEA: HOST A KINDNESS-THEMED PARTY

Using everything that they have learned in the story, encourage children to host a KINDNESS-themed party in their classroom or library. They can use the spreads at the end of the book to help them. Children might want to create bunting, decorations, and cakes using the templates included at the end of this pack. They could send invitations and plan the party as a group. How can they make sure they show kindness while they work together?

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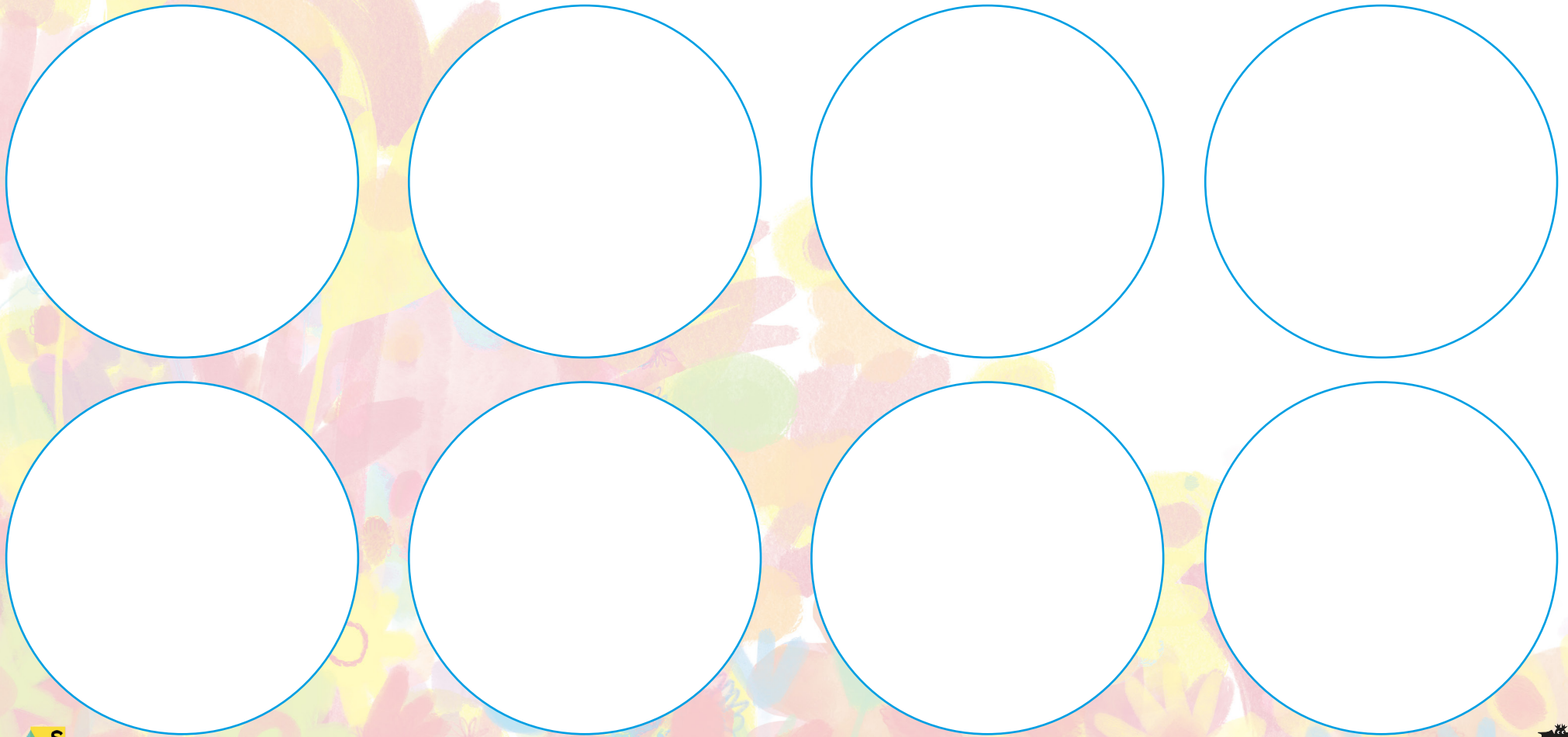
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ACTS OF KINDNESS DOTS

What acts of kindness can you do every day? For example, maybe you can hold the door open for someone, let someone go ahead of you in a queue, help a friend with their homework - or even just give someone a big smile! Write down a different act of kindness in each dot below. How many can you think of? Try to fill in a whole sheet of dots!



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KINDNESS POSTCARD TEMPLATE

Write a postcard to brighten someone's day! Perhaps you can tell your chosen recipient what you admire about them, or why you are grateful for them. What special qualities and skills do they have? Don't forget to include a picture and a stamp - you could even use illustrations from One Tiny Dot to inspire you.

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KINDNESS DIARY

Use the diary template below to keep a record of your acts of kindness in one week. Consider how each act of kindness has an impact on those around you, as well as how it makes you feel. Try to keep your diary for as long as possible. Do you get better at showing kindness as the weeks go by?

WEEKDAY	ACT OF KINDNESS
MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	



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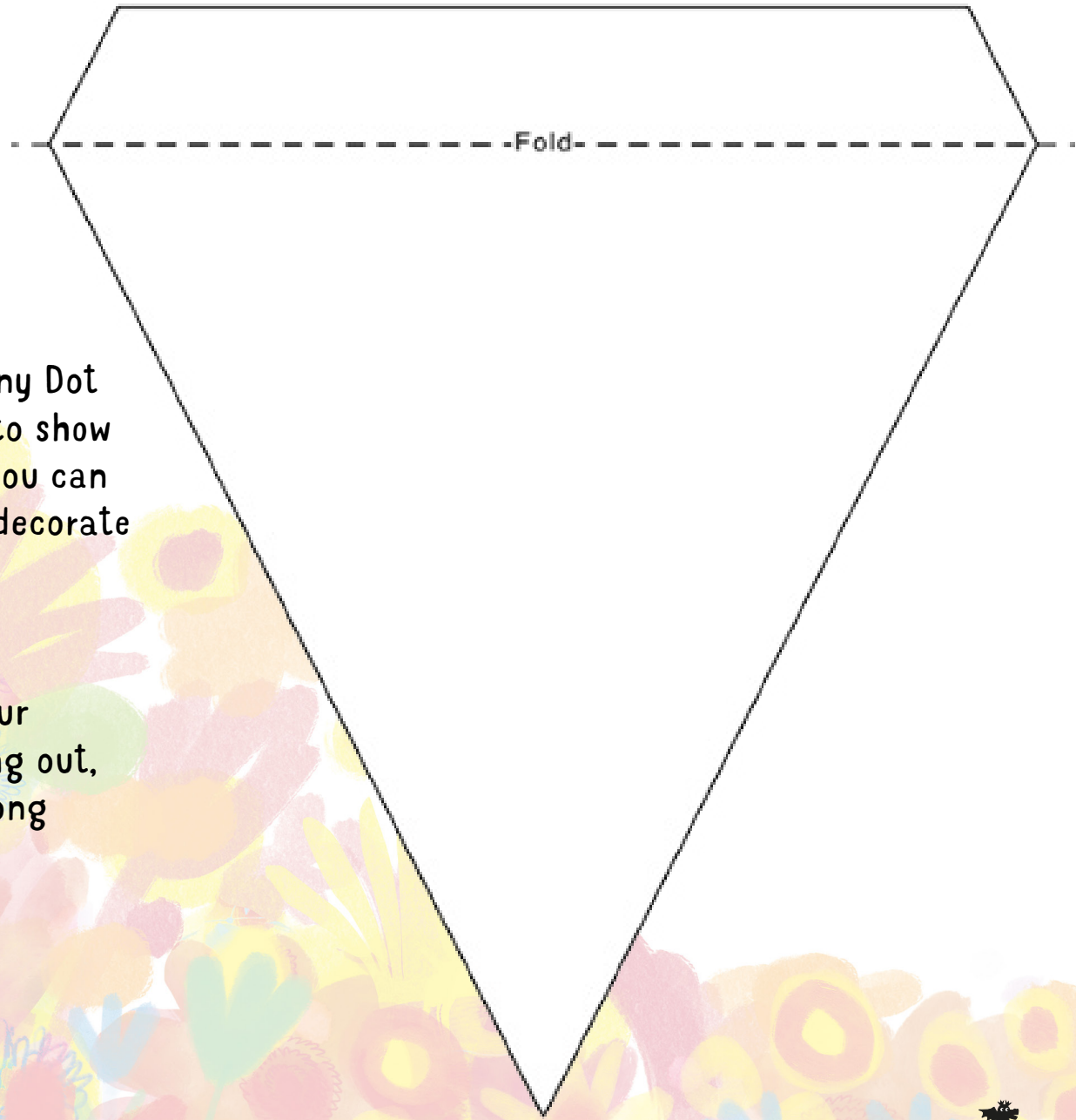
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KINDNESS PARTY BUNTING

Decorate the bunting to celebrate the theme of kindness.

You can use characters or scenes from *One Tiny Dot* as inspiration, or create your own character to show what kindness means for you. Alternatively, you can choose a letter from the word 'kindness' and decorate it, then string all of the letters together as a class to spell the full word!

Use your bunting to decorate the room for your kindness-themed party. Simply cut the bunting out, fold the flap along the dotted line, place a long piece of string under the flap and glue down. Repeat along the string so you have a line of bunting!



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